

# School Counselor Career Exploration Action Guide - Part 1

## Step 1: Establish a Team

Documents/To-Do Items	Guiding Questions & Tips
<ul style="list-style-type: none"> <li><input type="checkbox"/> Set up conversations with district/school leaders to engage them throughout the planning and implementation process</li> <li><input type="checkbox"/> Make a list of educators to collaborate with</li> <li><input type="checkbox"/> Establish a set planning time for initial implementation, as well as check-in opportunities throughout the year</li> <li><input type="checkbox"/> Consider ways to expand programming throughout the year.</li> </ul>	<p>Starting with conversations with leadership is crucial for garnering support, and possible funding, for a program.</p> <p>Reach out to different educators to see if there is interest. Think about including colleagues with varied backgrounds and experience in the planning process.</p> <p>Connect with other counselors in the school/district.</p> <ul style="list-style-type: none"> <li>• Observe other school's programs</li> <li>• Collaborate on ideas and resources</li> </ul> <p>Does the initial planning session provide enough time for collaboration? Should you plan multiple sessions?</p> <p>Be purposeful with meeting planning. From the start, set team norms and best practices.</p>

## Step 2: Set Clear, Measurable Goals

Documents/To-Do Items	Guiding Questions & Tips
<ul style="list-style-type: none"> <li><input type="checkbox"/> Write a short program overview</li> <li><input type="checkbox"/> Create year one goals</li> <li><input type="checkbox"/> Align goals with applicable standards</li> <li><input type="checkbox"/> Create long-term goals</li> <li><input type="checkbox"/> Review and analyze current data</li> <li><input type="checkbox"/> Develop an initial program measurement and assessment strategy</li> </ul>	<p>Questions to ask while planning:</p> <ul style="list-style-type: none"> <li>• What are the problems that need to be addressed by this program?</li> <li>• How will they be addressed?</li> <li>• What does success look like during the program's first year, for students, educators, and the school/district?</li> <li>• How will progress be measured?</li> <li>• How can goals be used to increase collaboration among team members?</li> </ul> <p>When analyzing data, ask:</p> <ul style="list-style-type: none"> <li>• Where are there gaps in current programming?</li> <li>• What opportunities exist?</li> <li>• What is missing from current data collection methods?</li> </ul> <p>Reference Chapter 4 for program measurement and assessment recommendations and resources.</p>

# School Counselor Career Exploration Action Guide - Part 2

## Step 3: Develop a Program Plan

Documents/To-Do Items	Guiding Questions & Tips
<ul style="list-style-type: none"> <li><input type="checkbox"/> Develop a specific program plan</li> <li><input type="checkbox"/> Evaluate programs or products, or determine whether to create your own curriculum</li> <li><input type="checkbox"/> Create a program budget, and share with district/school leaders to determine a funding strategy</li> <li><input type="checkbox"/> Seek external funding opportunities</li> <li><input type="checkbox"/> Develop a professional development plan and map out sessions throughout the year</li> <li><input type="checkbox"/> Schedule program events, like project showcases and field trips</li> </ul>	<p>Questions to ask while planning:</p> <ul style="list-style-type: none"> <li>• What kind of program do you want to create?</li> <li>• How will the program be implemented?</li> <li>• Who will be able to access the program?</li> </ul> <p>Be purposeful about which products and programs to adopt. Taking on too many at once can be overwhelming.</p> <p>Backwards plan while deciding what activities, such as project showcases, field trips, and student activities, to include to develop a more robust program.</p> <p>Build programming plans for larger groups of students, as well as pull-out groups or one-on-ones.</p> <p>Consider ways to engage district/school leaders and colleagues in events.</p>

## Step 4: Family and Community Engagement

Documents/To-Do Items	Guiding Questions & Tips
<p><b>Part a: Family Engagement</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Develop a family communication plan</li> <li><input type="checkbox"/> Plan information sessions</li> <li><input type="checkbox"/> Build a library of resources for families to learn about and engage with the program</li> <li><input type="checkbox"/> Include families in program event planning</li> </ul> <p><b>Part b: Community Engagement</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Create a list of personal/professional connections within the community</li> <li><input type="checkbox"/> Create a community outreach plan</li> <li><input type="checkbox"/> Map how to engage partners in the planning</li> <li><input type="checkbox"/> Include community in program event plans</li> <li><input type="checkbox"/> Evaluate tools and platforms that utilize industry connections</li> <li><input type="checkbox"/> Create a plan for a mentorship program</li> </ul>	<p>Provide translations of all communications and include students in family events. Encourage students to share projects at student-led conferences.</p> <p>Consider creating opportunities for families to learn about career exploration themselves, and to take advantage of the program.</p> <p>Equip families with lists of external opportunities for students to explore their interests.</p> <p>Consider having a point person that will prioritize engaging community partners. They should seek partners from diverse backgrounds and fields. Build projects around communities issues to make real-world connections for students. Ways to engage partners include:</p> <ul style="list-style-type: none"> <li>• Mentorships</li> <li>• Work-based learning opportunities</li> <li>• Project showcases</li> <li>• Contests</li> <li>• Career Days</li> <li>• Professional interviews</li> <li>• Community spotlights</li> </ul>