

Figure 1. Community Circle Questions

Classroom Community Circle Questions	Lessons Learned
<p data-bbox="65 153 762 218"><b><i>What is something we are feeling stressed about or struggling with in our classes this week?</i></b></p> <p data-bbox="65 241 707 306">Group Reflection Following: Class discussion on ways to relieve stress.</p> <p data-bbox="65 329 715 394">Implications for the Teacher: Incorporate ways to navigate stress relief skills into future lessons.</p>	<ul data-bbox="799 153 1528 570" style="list-style-type: none"><li>• Realization that I'm not the only one feeling swamped right now.</li><li>• Learning ways to relieve my stress.</li><li>• Patience: Learning to listen to each student who holds the talking piece during community circle time.</li><li>• Eye Contact: Learning to look at each peer as they contribute their response to the group.</li><li>• Support: Learning to nod heads in affirmation or snap in agreement following a peer response.</li><li>• Realization that I might have something in common with someone else who I do not know well.</li></ul>
<p data-bbox="65 615 767 680"><b><i>What is one thing you are most proud of in your role as a friend to someone this past month?</i></b></p> <p data-bbox="65 703 707 768">Group Reflection Following: Class discussion on characteristics of a good friend.</p> <p data-bbox="65 791 715 856">Implications for the Teacher: Incorporate ways to develop healthy friendships into future lessons.</p>	<ul data-bbox="799 615 1528 954" style="list-style-type: none"><li>• Learning ways to be a good friend.</li><li>• Patience: Learning to listen to each student who holds the talking piece during community circle time.</li><li>• Eye Contact: Learning to look at each peer as they contribute their response to the group.</li><li>• Support: Learning to nod heads in affirmation or snap in agreement following a peer response.</li><li>• Realization that I might have something in common with someone else who I do not know well.</li></ul>