Growth Buddy Journey Stations



I know what needs to be done now. I know what I want to try.



Behave, Brain!

I was able to keep my focus.



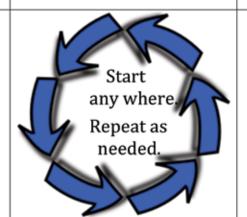
Ask

I made progress when I asked for help. How can I reframe this?



Try Again

Something is just NOT working. I want to try again but don't know where to start.



Find Fun





Take a step

At least I got started. Now I have an idea for my next step.



Time and **Patience**

I will try this by Tuesday; let's meet on Wednesday.



Oops

At least now I know what doesn't work.

THE KEY:



Keep at it.



Be committed to each person's growth.



Refuse to give up!

Rebecca Kordatzky 2014 becsbasics@gmail.com